

# Coronavirus: CAN YOU HELP OTHERS?

In partnership with Ashford Volunteer Centre, we are keen to support as many volunteer groups and individuals as possible in order to create strong community spirit and help one another through these difficult times.

We are doing this by promoting the work of local groups so that residents can find new ways they can help.

## Can you help OTHERS?

- Could you do someone's essential shopping?
- Could you collect and help with deliveries?
- Could you be a caring voice at the end of the phone?

If you would like to have the **work of your community group promoted** on our website or if you are an **individual** and would like to help others in the community then please visit: [www.ashford.gov.uk/coronavirus](http://www.ashford.gov.uk/coronavirus)

If you are a group serving the community or want **advice on funding and setting up** then **Email: [community@ashford.gov.uk](mailto:community@ashford.gov.uk)**

# Coronavirus:

## DO YOU NEED HELP?

Community spirit is the heartbeat of the Ashford borough. And in these difficult times Ashford Borough Council is leading a response from many public services and volunteer groups to help those most vulnerable Ashford residents.

### Do YOU need help?

- Is someone looking out for you at the moment?
- Do you have all your medication?
- Do you have enough food for 3 or 4 days?

If the answer to any of those questions is 'no', or if you need a hand with shopping, collecting repeat prescriptions or just want to hear a friendly voice at the end of the phone then we will find you help.

### Contact us now

Call: **01233 331111** and press 4 (Monday to Friday 9am-5pm)

Visit: [www.ashford.gov.uk/coronavirus](http://www.ashford.gov.uk/coronavirus)

Email: [help@ashford.gov.uk](mailto:help@ashford.gov.uk)



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