

Is dementia something which affects you or your family? Do you have any questions or concerns and would like to talk to someone?

24 Hour
Kent
DEMENTIA HELPLINE

Freephone
0800 500 3014

Information and support for people with dementia and their carers

Please call - we are here to help

Alzheimer's & Dementia
S U P P O R T S E R V I C E S

Registered Charity No 1024385



***Freephone**
0800 500 3014

**Calls between the hours of 9am - 5pm, Monday - Friday
are taken by qualified staff that can:**

- **Source and phone / e-mail back relevant information**
- **Discuss any concerns**
- **Signpost to relevant services offering local support**
- **Listen and offer confidential emotional support**

Outside of these hours callers will be offered emotional support and information only. During this time the service is anonymous.

You can also e-mail your questions to:
helpline@alz-dem.org

E-mail enquiries are answered within 24 hours on weekdays

We understand the difficulties you may be experiencing and never judge.

**Calls to 0800 numbers are free from a landline. Calls from mobiles will vary, please refer to your network operator for charges*